

Q1 Summit Planning Q2

April 3, 2020
9am PT



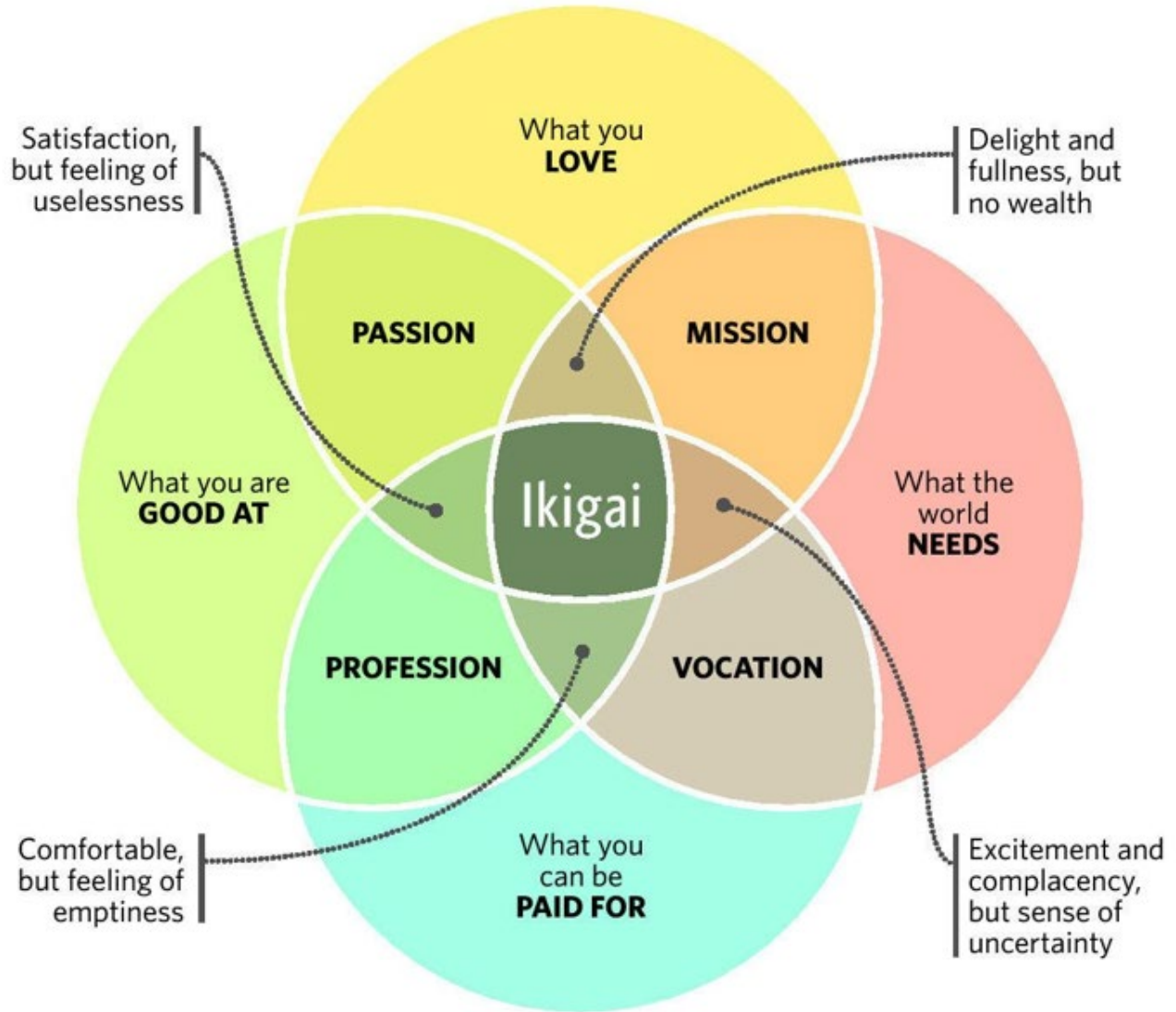
"Follow effective action with quiet reflection. From the quiet reflection will come even more effective action."

~Peter F. Drucker



Ikigai

A JAPANESE CONCEPT MEANING "A REASON FOR BEING"



:: 1st Quarter Review ::

1. What was your biggest triumph in?
2. What was the smartest decision you made in?
3. What was the biggest risk you took?
4. What habits did you dismantle or create?
5. What important relationship improved the most in?
6. What adversities did you overcome?
7. What did you let go of?
8. What did you do to improve your health & wellbeing?
9. What memetics did you experience?
10. How did your finances improve?
11. What was the greatest lesson you learned in?
12. What about you inspires you?
13. What one word best sums up and describes your Q1 experience?

:: Creating a Compelling Q2 ::

1. What would you like to be your biggest triumph in Q2?
2. What advice would you like to give yourself in Q2?
3. What is the major effort you are planning to improve your financial results in Q2?
4. What would you be most happy about completing in Q2?
5. What major indulgence are you willing to experience in Q2?
6. What would you most like to improve about yourself in Q2?
7. What are you looking forward to learning in Q2?
8. What do you think your biggest risk will be in Q2?
9. What about your work, are you most committed to changing and improving in Q2?
10. What is an undeveloped talent you are willing to explore in Q2?
11. What brings you the most joy & how are you going to do or have more of that in Q2?
12. Who or what, other than yourself, are you most committed to loving & serving in Q2?
13. What one word would you like to have as your theme in Q2?



My 90 Day Horizon of Focus:

New A to Act upon:

A that will deliver my intended results: (I AM...)

Top 6 Focused Intentional Commitments:
1
2
3
4
5
6

Next Best A : SMART/ ACID
1
2
3
What could block my achievement and what's my plan to not get blocked:

Why I am A to my Horizon and my Actions:

Signature

Date

The next 90 days is comprised of 129,600 minutes. Less 720 hours for sleeping, you have 128,880 minutes to get things done and move closer to achieving your next summit. In each moment bring forth your best self, be intentional and make each minute count.